



INIS Newsletter

February 2022- Issue 9



Head Teacher Update

We have a busy week before we break up for the February half term holiday on Friday. The staff have been amazing this half term, really supporting each other covering absences and ensuring all our children get access to great teaching. It was lovely to see so many children in their clothes with digits on last Friday. They all really worked hard on the NSPCC Number Day. Thank you to all those families who were able to donate to this important cause. They work to keep children safe everyday.

Kung Hei Fat Choi

We have been celebrating Chinese New Year. The children have made some Chinese lanterns, learnt Chinese letters and tasted Chinese food! We have moved into the year of the Tiger! Do you know what Chinese year you were born in? Check out the link <https://kids.nationalgeographic.com/celebrations/article/which-chinese-new-year-animal-are-you-like>



PE Kits

Please can parents ensure that their children have their PE kits in school, After the half term break, children in Year One and Year Two will also be having an outside PE session. They will need joggers a sweatshirt and trainers or plimsolls. Teachers will send out more information.

Safer Internet Day

Tuesday 8th February is Safer Internet Day and the theme is 'All fun and games? Exploring respect and relationships online'. Even before the lockdowns inflamed the situation, one in every five 10 – 15 year olds was experiencing bullying online through such things as abusive messages, having rumours spread about them or being excluded from group chats. Through smartphones and tablets, we're used to being able to communicate from anywhere, at any time and learning to build positive relationships online and to avoid some of the potential issues of online interactions is vital.

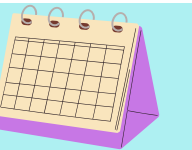
We want to ensure even our youngest children understand the importance of respect on line. Please follow the link to find a short video about this to share with your child.

https://youtu.be/shKnvCm0_IQ_



Look further down the newsletter for practical tips

Upcoming Dates



[Click here for a full calendar of dates](#)

- 8/2/22- Safer Internet Day
- 7-13th Feb- Children's mental health week
- **11/2/22- Dress to Express Mufti Day-** All donations will go towards buying children's mental health and Mindfulness books
- 11/2/22 - Break up for half term holiday
- 2, 3,4,7 March- Book Fayre and second hand uniform sale.

School Uniform

Our School uniform has been chosen to ensure that it is affordable and offers a smart yet easy care and functional wear. We have noticed that some children have not been wearing uniform. We have plenty of second hand uniform which can be purchased from the school office or from PTA sales. It is important to ensure children have a pride in their school and have practical clothes to ensure they can access all the activities we do at school. You can order new uniform from Karlsport <https://kssschoolwear.co.uk/product-category/irthingborough-nursery-infant-school/>

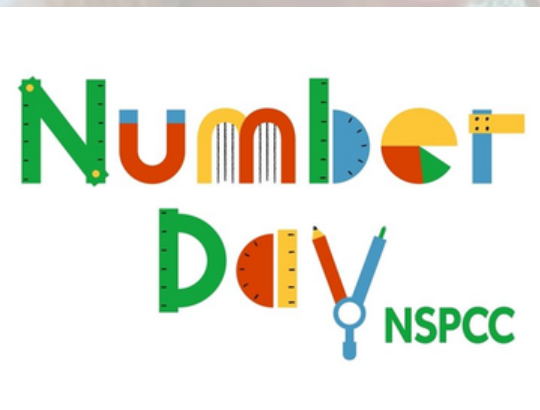
Special education needs and disabilities

If your child is struggling with any aspect of learning then please talk in the first instance to your child's class teacher. They will support with ideas to help at home and may refer to Mrs Sullivan our SENDco or to another agency to help. We have support on our website too in the form of information about special education needs. <https://www.irthlingborough-inf.northants.sch.uk/parents/special-education-needs-and-disability>. You can find information about the local SEND office on our website and our SEND information report tells parents how we organise SEND at INIS. We also have some helpful guides on our Curriculum section of the website. Please click on the link <https://www.irthlingborough-inf.northants.sch.uk/news/whole-school>. You can also find our new school Rules of Ready, Respectful and Safe. We have been really pleased how all the children are responding to them. Our children are demonstrating very good behaviour in school and want to follow the rules!



INIS Newsletter

February 2022 - Issue 9



NSPCC Number Day 4th February

Thank you

Our Number Day was a great success! The children were all involved in lots of different number fun during the day and we loved all the different numbered clothes! The teachers and teaching assistants all got involved designing their our digit T-shirts! The whole community came together. We raised funds for the great work of the NSPCC too. You can still donate if you didn't do it last week through our just giving page <https://www.justgiving.com/fundraising/inisnumberday>. Please donate and share with friends so we can support the NSPCC or please send a donation into school to support NSPCC's work in a sealed envelope.

Maths at school

The children love maths at INIS because it is fun and engaging. If you would like more information, please look on our school website for our Early Years and Key Stage one Maths Workshop Videos. <https://www.irthlingborough-inf.northants.sch.uk/>

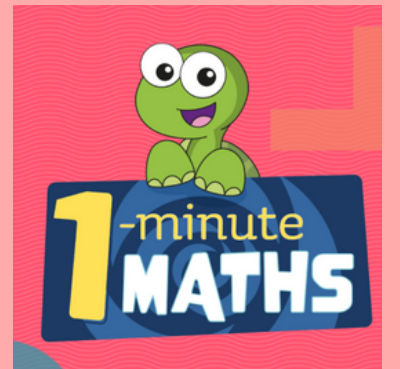
Have you downloaded the One Minute maths app yet?

Download the new White Rose 1 minute Maths app. How many questions can you get right in 1 minute?

For use at home as well as school

Focuses on- subitising, adding and subtraction.

The free mobile app is available for Apple/iOS, Android and Kindle.



Here are just a ew photos of the amazing Number Day activities which happened on Friday!





INIS Newsletter

February 2022 - Issue 9

Sports Leaders

We are very proud of our sports leaders who have been training with Mr White. They are putting their skills together to encourage others to play sport at lunchtimes and break times!

Thank you for working so hard on your own skills to support your friends!

We have such kind friends at INIS!



There is still time to sign up to Planet Super League

- Sign up on www.planetsuperleague.com**
- Enter your email address and a password
 - Choose Northamptonshire Town Football Club.
 - Select Northamptonshire from the search/dropdown bar
 - Select Irthlingborough Nursery and Infant School from the search/dropdown bar
 - Choose a fun Team Name
 - Start scoring green goals!

HAVE FUN AND PLAY FOR THE PLANET

Planet Super League is a place for fans of all ages to learn about climate action and do fun things to cut their emissions – whether at home, at school or at work.

Safer internet Day - Top Tips

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

10 Top Tips for Respect Online: INSPIRING CHILDREN TO BUILD A BETTER DIGITAL WORLD

Our ability to communicate with anyone in the world, at any time, via the internet has grown at breakneck speed. For teachers and parents, it can feel impossible to keep up. Worrying about our young people is understandable, and not unjustified: in 2020, for example, one in five 10- to 15-year-olds experienced bullying online. Our tips highlight ways that adults can support young people's positive online behaviours: by adopting and following 'netiquette', we can show them how to avoid getting into difficulty as they learn to negotiate the continually evolving digital landscape.

WHAT IS NETIQUETTE?

Just like etiquette is a set of rules which guides and governs our interactions with others in everyday life, netiquette – etiquette on the net – is the framework which helps inform how we communicate with people online. The rules of engagement often aren't the same as a face-to-face meeting, so it's important that we can accurately 'read' situations in the digital world and know how to act appropriately.

1 ACCEPT DIFFERENT RULES

A lot of our interaction with others is helped by non-verbal signals like body language and facial expressions. Online, of course, many of these clues are missing. Talk to your child about why this makes misunderstandings more likely to occur in the digital world and why keeping in mind that online communication is a very different process can help to prevent difficulties from arising.

2 PRESS 'PAUSE'

It's so easy to do things quickly online that most people (adults included) habitually send or respond to messages without considering the consequences. Pushing 'the pause button' buys a young person some time while they ponder the golden rule: "Would I still say this if the other person was right in front of me?" You could practise this with your child on some made-up tricky situations.

3 THE INTERNET IS ADDICTIVE

Apps and sites use sophisticated algorithms and clever marketing to keep us engaged, while notifications to our devices are designed to draw us back in. It's no wonder that people continually return to the digital world, sometimes spending long periods of time there. You and your child could trial turning off notifications on certain apps and instead agree a time to check for updates manually.

4 BEWARE THE DARK SIDE

Getting a hurtful or unhelpful comment on social media or in a group chat can make the recipient feel publicly shamed. That's painful for anyone – but especially for a young person whose status in a group is integral to their sense of identity. Encourage your child to think about the best and safest way to send a message: for example, doing it as a private message rather than a public post.

5 HARMFUL INTERACTIONS

Unfortunately, it's very easy to send a hurtful message or to spread gossip and rumours online. We all know this happens regularly. Not having to deal with actually seeing the other person's distress usually doesn't help people to make a positive decision in the moment. It's important that trusted adults help children to visualise the potential consequences and have empathy for others.

Meet Our Expert

Dr Carole Francis-Smith is an experienced counselling psychologist who, through her research, specialises in promoting safe and ethical online communications. She consults with businesses and organisations to support positive and effective communication online, often by considering some of the more hidden aspects of the mediums.



Sources: <https://www.gov.uk/government/publications/online-safety-for-children> | <https://www.gov.uk/government/publications/online-safety-for-children> | <https://www.gov.uk/government/publications/online-safety-for-children> | <https://www.gov.uk/government/publications/online-safety-for-children> | <https://www.gov.uk/government/publications/online-safety-for-children>

6 APPRECIATE DIFFERENCES

We're all built differently; some people are simply more emotionally sensitive than others. Young people can be particularly affected by negative online communication, such as group shaming. Even a single message (which might seem trivial at face value) can cause deep anguish. Trusted adults should be prepared to be patient and listen to any difficulties their child might have had online.

7 ACCENTUATED ANXIETY

Young people's online lives create a lot of anxiety. Messages go into a 'black hole' until someone responds, there are more reasons to compare ourselves negatively, and social media can make us feel like we're missing out. Encourage activities such as sports and hobbies to balance this out, and remember that merely blocking out thoughts (by gaming, for instance) isn't the same as relaxation.

8 PRO-SOCIAL BEHAVIOUR

A huge positive for the internet is how it helps people to feel connected and makes being kind and helpful easy to spread. When young people get involved in pro-social behaviours online, it creates a positive feedback loop which makes them feel good. Show your child examples of when you've done or said something positive online, and praise and encourage them when they do the same.

9 BE A GOOD ROLE MODEL

One of the best things we can do as trusted adults is to role model positive online behaviour. Just letting your child see that you know when it's time to put your phone away and do something more productive can set a strong example. Some families set aside particular times of the week (such as mealtimes or a family walk) where digital devices aren't allowed and conversation takes precedence.

10 SHOW COMPASSION

Mistakes can feel much bigger online, because they're so public. If a young person does or says something regrettable on the internet, it's important to support them to forgive themselves, learn any lessons and move forward positively. Even as adults, we can often stumble when learning how things work in the fast-moving digital world, so it's important to have compassion for ourselves, too.



www.nationalonlinesafety.com



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 02.02.2022

Join the fun with Planet Super League

www.planetsuperleague.com



INIS Newsletter

February 2022 - Issue 9

PTA News

There is still time to order your Raffle Tickets to support our PTA to raise funds for new play equipment which all the children will benefit from! I've started to gather quotes from play specialists and we really need your support. We are planning to replace the "Galleon", which is no longer fit for purpose.

♥ We Love our Community, Valentines Raffle ♥

We have 35 prizes with the total value of prizes exceeding a massive £780.00

They include vouchers for local restaurants, a year's membership at Stanwick Lakes, hair dressers and beauty vouchers, toiletries, a home security system, fitness classes, bottles of wine and so much more.

35 prizes = 35 Winners

£1 per ticket buy as many tickets as you like!

**Raffle will be drawn on the 11th February
Good Luck Everyone!**



Safer Internet Day Top Tips



Top Tips for use with 3-7s

These top tips have been written for you (parents and carers) to share, and talk about, with your children. It's never too early to talk about life online!

#PlayYourPart by...

Enjoying all the amazing things there are to do online!

Talk with your child about the games they enjoy playing and the videos they love to watch. Doing these things together is a great way to explore how amazing the internet can be.

Always being kind and respectful to others online.

Explain to your child that being kind and respectful helps make the internet fun and safe for everyone. Yes, even their little brother if he's beating them on their favourite game! This is something you can show them in your own words and actions online too.

Making safe choices.

Your child will have to make lots of choices when they're using technology and the internet, so talk regularly about what they can do to keep themselves safe. This might be keeping personal information like their name or school private and never agreeing to meet up with someone they only know online. The earlier you start these conversations the better equipped your child will be as they grow older.

Remembering that it's okay to say no to people online.

Online friendships can be difficult to manage, but a simple step to help keep your child safe is making sure they know that they are in control. Discuss how they might respond if someone says or does something that makes them feel uncomfortable. Remind them that they never have to do something just because an online friend has told them to and that they can come to you for help and advice.

Always telling an adult if anyone or anything online makes you worried, upset or uncomfortable.

The most important thing you can do to support your child online is let them know you're there to support them. Talk regularly about all the points above, and more! Make sure they know that if anything online makes them worried, upset or uncomfortable, then they can come to you for help – and a hug!



We are also introducing Golden Notes for great lunch time behaviour!